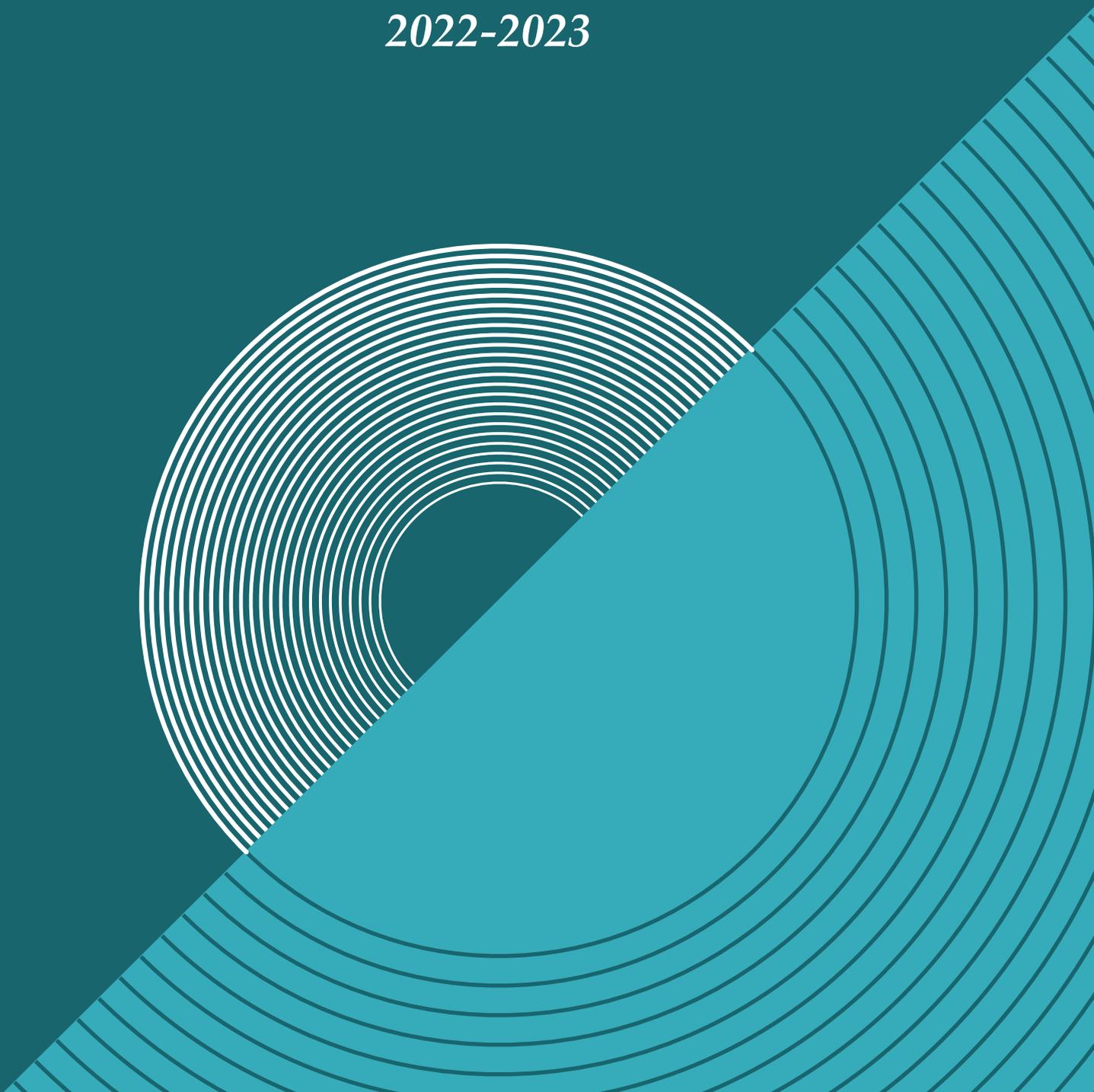
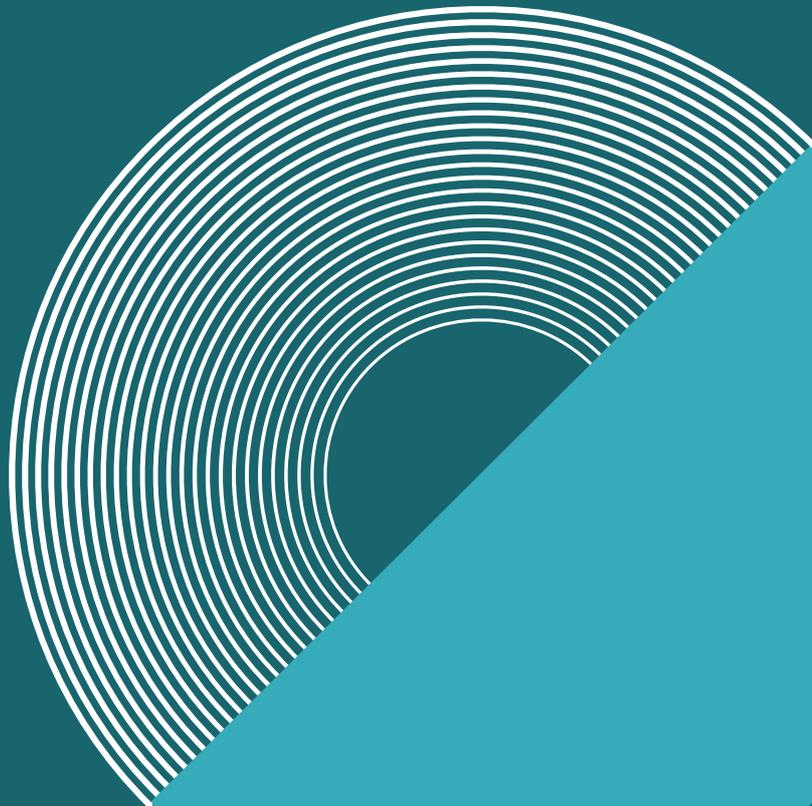


LEARNING & WELLBEING PSYCHOLOGY

Supporting school communities to thrive.

2022-2023



THE LEARNING & WELLBEING PSYCHOLOGY DIFFERENCE

We are a team of Educational & Child Psychologists who pride ourselves on supporting your education setting on every level.

Our services are tailored to your needs and include specialist assessment, consultation, intervention and training.



RESPONSIVE

We provide a high-quality service to meet the needs of your school. We simplify complexity to uncover helpful, feasible action; creating hope.



BESPOKE

We use our experience, knowledge, science and philosophy to develop personalised responses to your specific situation.



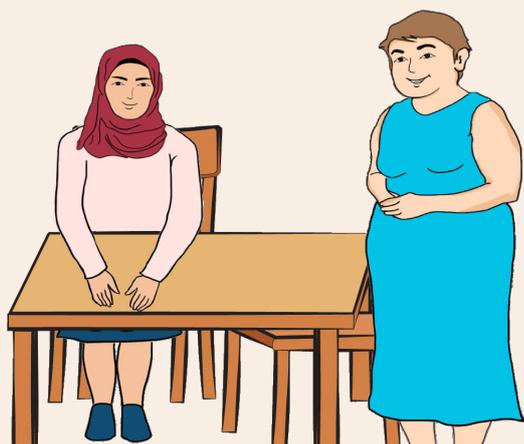
COLLABORATIVE

We proactively listen to your priorities and value the team around your school. We recognise the strengths and contribution of others.



EXPERT

We are skilled in sensitively integrating knowledge and context. We offer scientifically informed advice and evidence-based support.

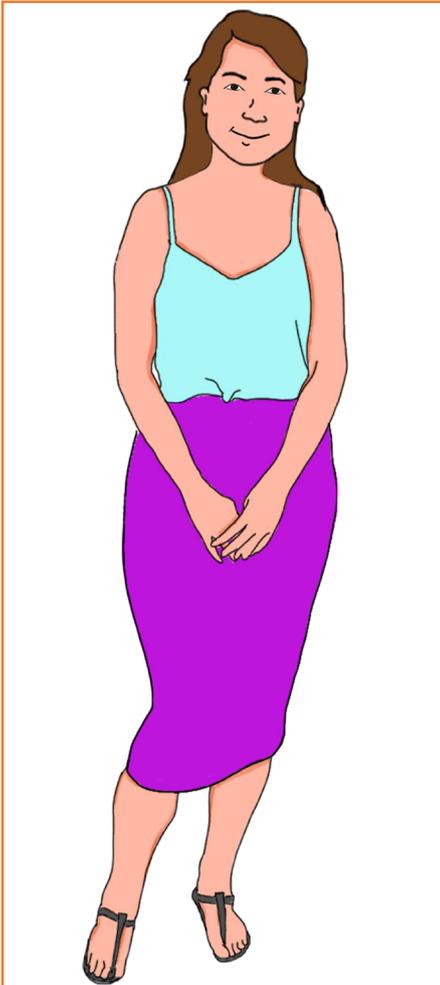


FREE DISCUSSION

Receive a free 30 minute no obligation call. Get to know us as we get to know you. Assess for yourselves how we can meet your needs.

www.learningandwellbeing.org/bookings
emailcontact@learningandwellbeing.org

Meet the Team



Dr. Amy Such

Director

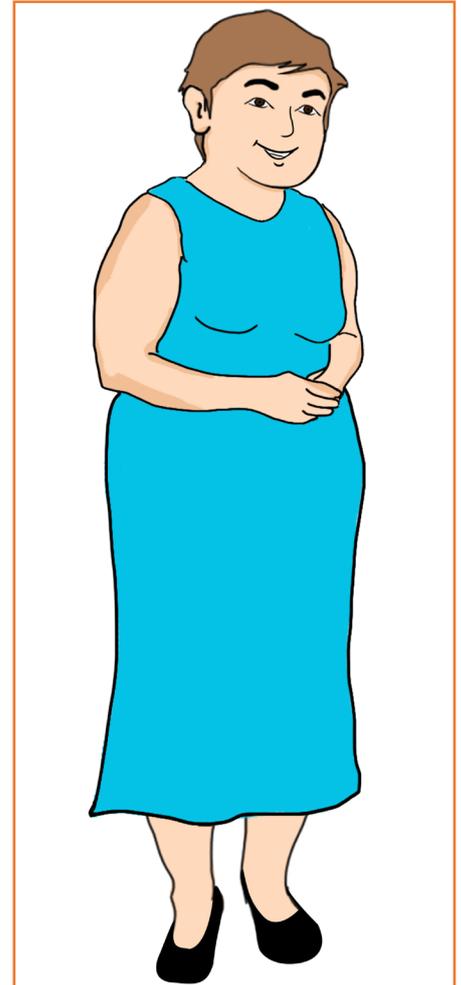
Dr. Such completed her doctorate in Educational and Child Psychology at University of East London and has worked in a number of Local Authority Educational Psychology Services. She has significant experience working with children and young people on the autism spectrum and is a published co-author, having developed a wellbeing intervention for girls with autism, alongside Dr Tina Rae.



Dr. Anisa-Ree Moses

Director

Dr. Moses completed her doctorate at University College London and has worked in both London and the Home Counties. She has over ten years' experience working with children and young people in a number of roles. She has excelled in Emotional Literacy Support work where she has developed frameworks, training programmes and provided supervision to a range of staff in the educational sector.



Dr. Kathryn Gibb

Director

Dr. Gibb has worked as an Educational Psychologist in both inner city and rural areas for over 14 years. Before this she was a SENCo in a top performing school. She has held lead roles in Local Authority anti-bullying projects, autism work and SEMH delivery. Most recently, she was the lead in developing trauma-informed practice across a Local Authority. She is passionate about community development and the importance of nurturing environments.



Services

ASSESSMENTS

INITIAL ASSESSMENT

90 minutes

With this focused assessment, we carry out a home-school meeting to help you get unstuck and move forward in supporting the child, with increased clarity. We do this through proactively listening to fully understand the problem situation, identifying the child's needs, and pinpointing areas for change. We tailor our approach to each situation to gain clarity of some of the issues and put some suggestions across for your setting to implement.

Shortly after our meeting, your setting and the child's parents will receive a summary and recommendation write up.

SINGLE ASSESSMENT

One day

Our single assessments are more in-depth and include the gathering of views of the parent, the child, the school and often some direct work with that child (where appropriate). It is often utilised to embed support as part of an assess, plan, do, review cycle for that child.

A single assessment looks at aspects of the child's learning and wellbeing, building a shared understanding of their specific needs. This is all outlined in a detailed report with deliverable, personalised actions to support the child.

COMPLEX ASSESSMENT

Variable

Our most comprehensive assessment. With a complex assessment, we evaluate multiple areas of need with the different supporting professionals and agencies involved, whether that's CAMHs, Social Care, Speech & Language Therapists etc.

This type of assessment requires a higher level of input and coordination with other specialists and is likely to include the use of specialist psychological tools and questionnaires which allows us to give a longer-term approach in assisting all involved, for the benefit of the child.

Services

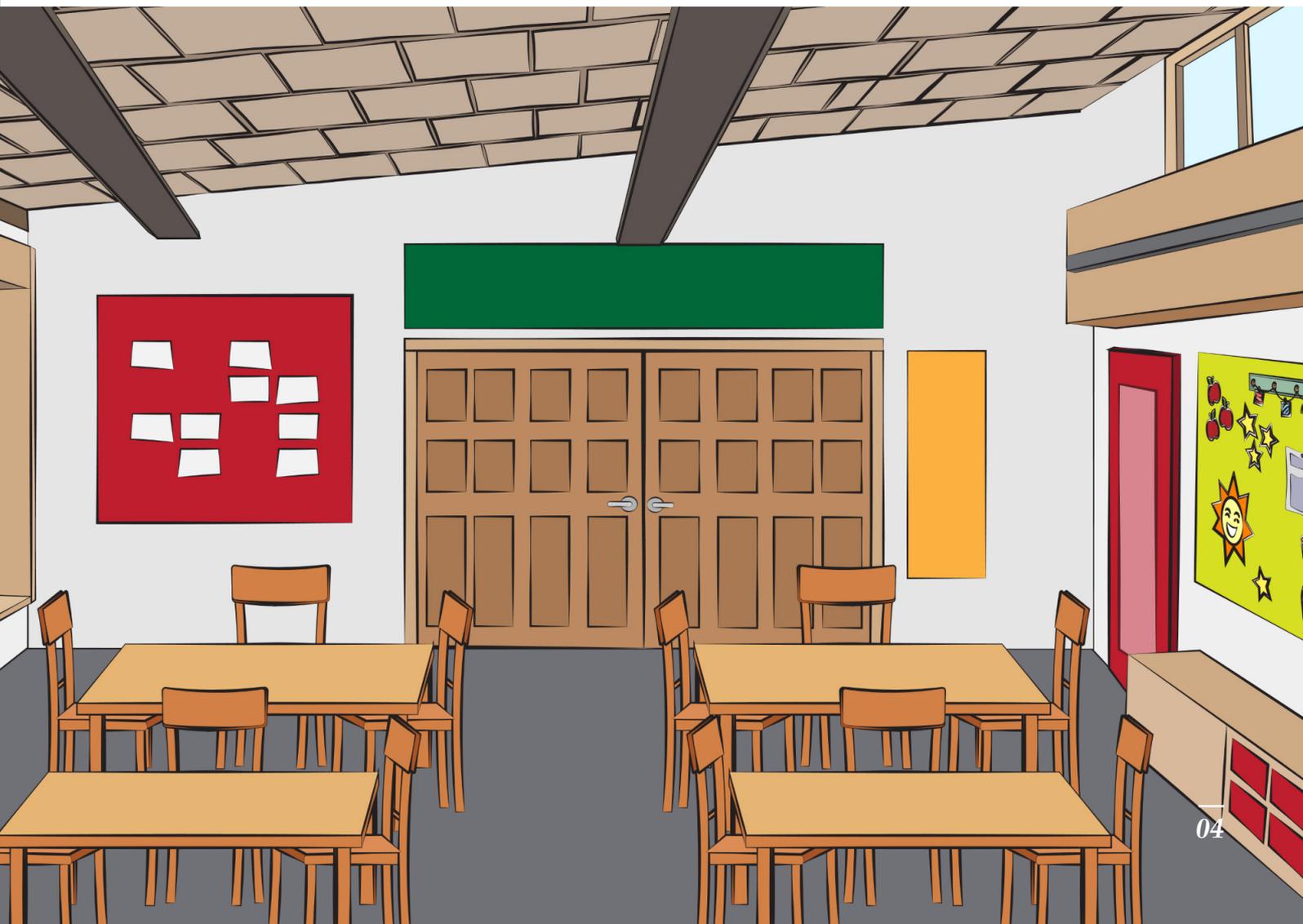
PLAN, DO, REVIEW CONSULTATIONS

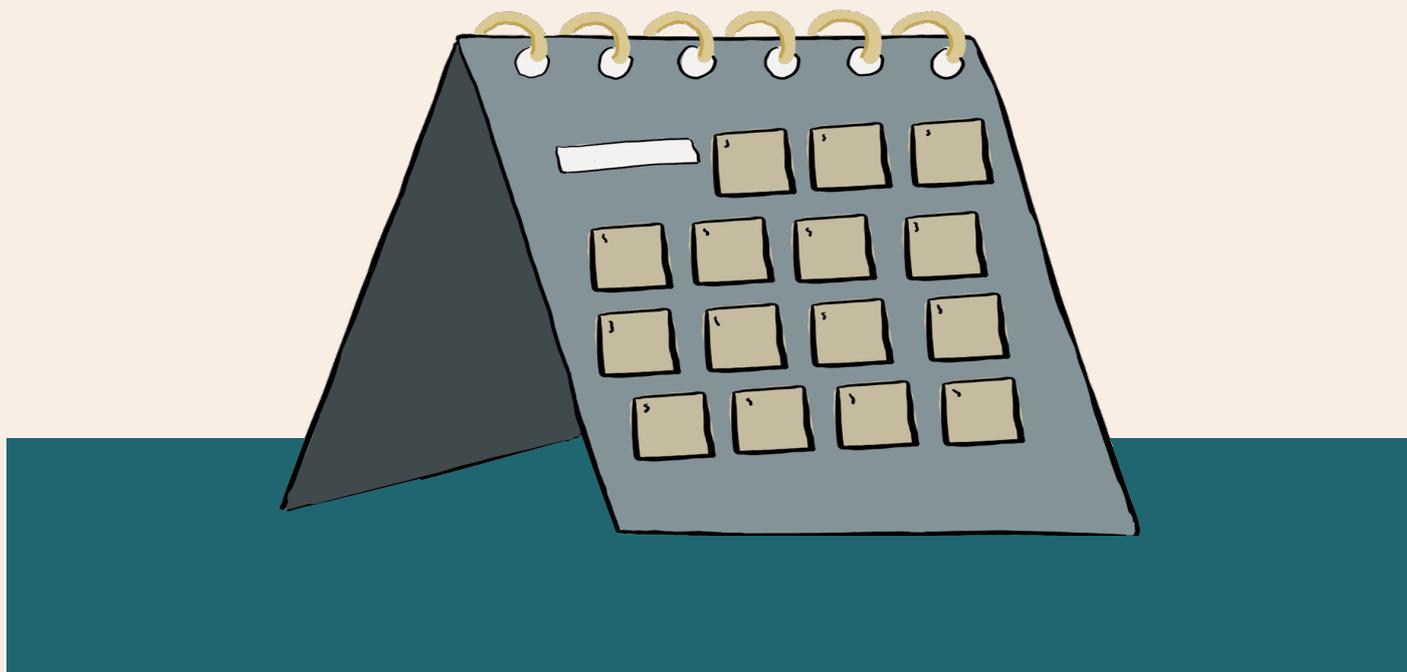
Many children and young people will experience difficulties at some point during their education and may benefit from help with learning, behaviour, social interaction, communication, emotional wellbeing, physical or sensory skills.

Plan, do, review consultations are useful to help move on the thinking of the people looking after the child at home and at school, providing some ways forward. Schools often refer to this as 'thinking more deeply about a pupil'. For some children, this approach may be sufficient to ensure adequate progress. For other children, this approach may be a first step in understanding their needs.

Supporting your graduated response process

- Clear evidence towards the assess, plan, do, review cycle
- 2 days of EP time for up to 3 pupils
- Practical ideas to move a particular situation on
- Dedicated time to review pupil progress





Services

ANNUAL CONTRACTS*

The better we understand your needs, the more tailored and collaborative our approach can be. Annual contracts allow you to have priority access to Learning & Wellbeing Psychology's wider range of services.

This includes assessments, consultation, our therapeutic interventions, and supervision for staff. We can honour school contracts of up to 40 days.

Our contracts are based around a Service Level Agreement which is renewed yearly and allows for the development of an ongoing relationship between your school and us.

***+2 FREE DAYS
IN 2022-23**

Your setting will benefit from a **FREE** two day Health Check in addition to your annual contract





Services

HEALTH CHECKS

Our check-ups give you the confidence that you know your school inside out. Our most popular health checks are Special Educational Needs & Disability and Social, Emotional and Mental Health. However, we can also support your school's development in other areas.

SEND HEALTH CHECK

Our SEND Health Check was developed to provide an overview of effective, inclusive practice within an educational setting.

It enables you to think about the nature and quality of your current provision and strategic decision making.

We gather data to provide you with a clearer understanding of the areas of strength and need within your educational setting, allowing for the sharing of positive practice and an understanding of the impact that this has on outcomes for your children and young people with SEND, so you can direct your ongoing service improvement where it matters the most.

SEMH HEALTH CHECK

SEMH is a high priority concern for everyone in education. Following the Mental Health and Behaviours in Schools (2018) guidance, our check-up kick-starts your school's understanding of how you are performing against the Eight Principles of Public Mental Health, focusing your efforts on where you can best develop your practice.

Services

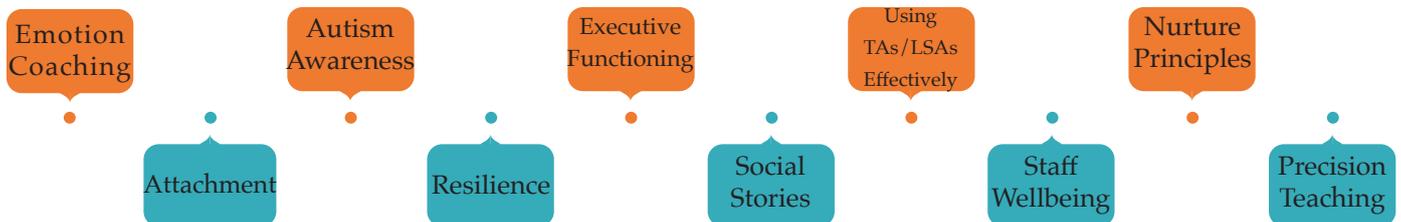
TRAINING

UPSKILLING STAFF

We are highly skilled in supporting school staff as well as the children in your setting. We will work with you to upskill your staff through delivering high quality Continuous Professional Development. Our training packages can be delivered face-to-face or through virtual platforms, are interactive and tailored to meet your specific needs.

We also offer group work with children, young people and parents in the form of intervention groups and workshops. These could be implemented on their own or to complement the CPD being accessed by your school staff.

POPULAR TRAINING



TRAIN FOR WHAT YOU NEED

Need training specific to your setting? Ensure your whole staff get the specialist training they need at a competitive price.

Instead of centralised generic training, choose from our bespoke packages. Alternatively, we offer flexible 'anytime-anywhere' online courses.

Call us on 0300 303 5197 to discuss your requirements.

1.5hr

TWILIGHT

3hr

HALF DAY

6hr

FULL DAY



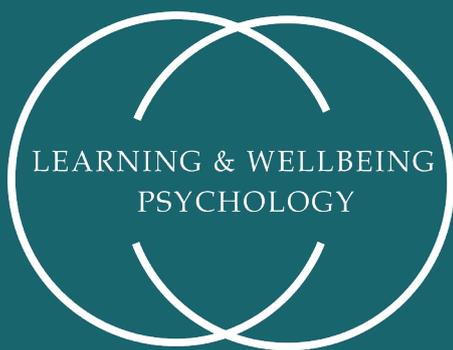
LET'S TALK

Learning & Wellbeing Psychology can help to further develop services (e.g., child protection services, schools or behaviour outreach services, virtual schools) through working at the systems or systemic level.

Educational Psychology Services should be free at point of delivery to families of children in a state-maintained school (e.g., free schools, academy trusts, church schools and grant-maintained schools etc.) who need them.

We deliver our services in Hertfordshire, Buckinghamshire, Milton Keynes, Bedfordshire, Northamptonshire, Coventry, Leicestershire and beyond.

Contact us for a FREE 30 minute discussion
www.learningandwellbeing.org/bookings
contact@learningandwellbeing.org



0300 303 5197



contact@learningandwellbeing.org



www.learningandwellbeing.org



Hertfordshire, Buckinghamshire, Milton Keynes,
Bedfordshire, Northamptonshire, Coventry, Leicestershire
and surrounding areas.