



Learning & Wellbeing Psychology

A holistic perspective on education and wellbeing.

THE LEARNING & WELLBEING PSYCHOLOGY DIFFERENCE

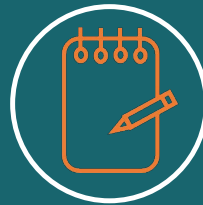
We are a team of Educational & Child Psychologists who pride ourselves on supporting your education setting on every level.

Our services are tailored to your needs and include specialist assessment, consultation, intervention, training and supervision.



RESPONSIVE

We provide a high-quality service to meet the needs of your school. We simplify complexity to uncover helpful, feasible action; creating hope.



BESPOKE

We use our experience, knowledge, science and philosophy to develop personalised responses to your specific situation.



COLLABORATIVE

We proactively listen to your priorities and value the team around your school. We recognise the strengths and contribution of others.



EXPERT

We are skilled in sensitively integrating knowledge and context. We offer scientifically informed advice and evidence-based support.



FREE DISCUSSION

Receive a free 30 minute no obligation call. Get to know us as we get to know you. Assess for yourselves how we can meet your needs.

ASSESSMENTS



INITIAL ASSESSMENT

£250

With this focused assessment, we carry out a 90-minute home-school meeting to help you get unstuck and move forward in supporting the child, with increased clarity. We do this through proactively listening to fully understand the problem situation, identifying the child's needs, and pinpointing areas for change. We tailor our approach to each situation to gain clarity of some of the issues and put some suggestions across for your setting to implement.

Shortly after our meeting, your setting and the child's parents will receive a summary and recommendation write up.



SINGLE ASSESSMENT

£750

Our single assessments are more in-depth and include the gathering of views of the parent, the child, the school and often some direct work with that child (where appropriate). It is often utilised to embed support as part of an assess, plan, do, review cycle for that child.

A single assessment looks at aspects of the child's learning and wellbeing, building a shared understanding of their specific needs. This is all outlined in a detailed report with deliverable, personalised actions to support the child.



COMPLEX ASSESSMENT

P.O.A

Our most comprehensive assessment. With a complex assessment, we evaluate multiple areas of need with the different supporting professionals and agencies involved, whether that's CAMHs, Social Care, Speech & Language Therapists etc.

This type of assessment requires a higher level of input and coordination with other specialists and is likely to include the use of specialist psychological tools and questionnaires which allows us to give a longer-term approach in assisting all involved, for the benefit of the child.

Expert Services - Annual Contracts



ANNUAL CONTRACTS

The better we understand your needs, the more tailored and collaborative our approach can be. Annual contracts allow you to have priority access to Learning & Wellbeing Psychology's wider range of services for a 12-month period.

This includes our therapeutic interventions, consultation and supervision for staff. When compared to a local council Educational Psychology service, we work with a select number of schools meaning you have greater access to our services. Our contracts are based around a Service Level Agreement which is renewed yearly and allows for the development of an ongoing relationship between your school and us.

Expert services

TRAINING

UPSKILLING STAFF

We are highly skilled in supporting school staff as well as the children in your setting. We will work with you to upskill your staff through delivering high quality Continuous Professional Development. Our training packages can be delivered face-to-face or through virtual platforms, are interactive and tailored to meet your specific needs.

We also offer group work with children, young people and parents in the form of intervention groups and workshops. These could be implemented on their own or to complement the CPD being accessed by your school staff.

POPULAR TRAINING

- Emotion Coaching
- Attachment
- Autism Awareness
- Resilience
- Executive Functioning
- Social Stories
- Using Teaching Assistants Effectively
- Staff Wellbeing
- Nurture Principles
- Precision Teaching

TRAIN FOR WHAT YOU NEED

Three bespoke packages to choose from, ensuring you only pay for the training you require.

1.5h

TWILIGHT

£300

3h

HALF DAY

£600

6h

FULL DAY

£1,200

Expert services

SUPERVISION

Through our supervision sessions your staff will be able to develop knowledge, competence and confidence in their everyday practice. They will have protected time to explore the relational aspects of their professional roles. The safety of the session will enable them to recognise and process the emotional impact of their work, facilitating understanding at the pupil, practitioner and organisational level.

SESSION STRUCTURE

All our supervision sessions last 90 minutes. You can use this time in the way that best suits your needs. Supervision can either follow the lead of the staff member(s) or alternatively observe a specific structure.

We have designed our supervision offer to be flexible, so that it can be tailored to meet your individual requirements. You can choose a one-off session or ensure clarity of purpose, consistency and regularity with our 3 session and 6 session packages.

BENEFITS

- ✓ **Motivate** staff by linking them with their competence, strengths and skills.
- ✓ **Discover** the best in your staff's practice to enhance teaching and learning for all students.
- ✓ **Find** ways forward in stuck situations through a collaborative approach.
- ✓ **Enhance** staff wellbeing by providing connection and support.

BUILD AN EFFECTIVE TEAM



1 OFF
SESSION

£100



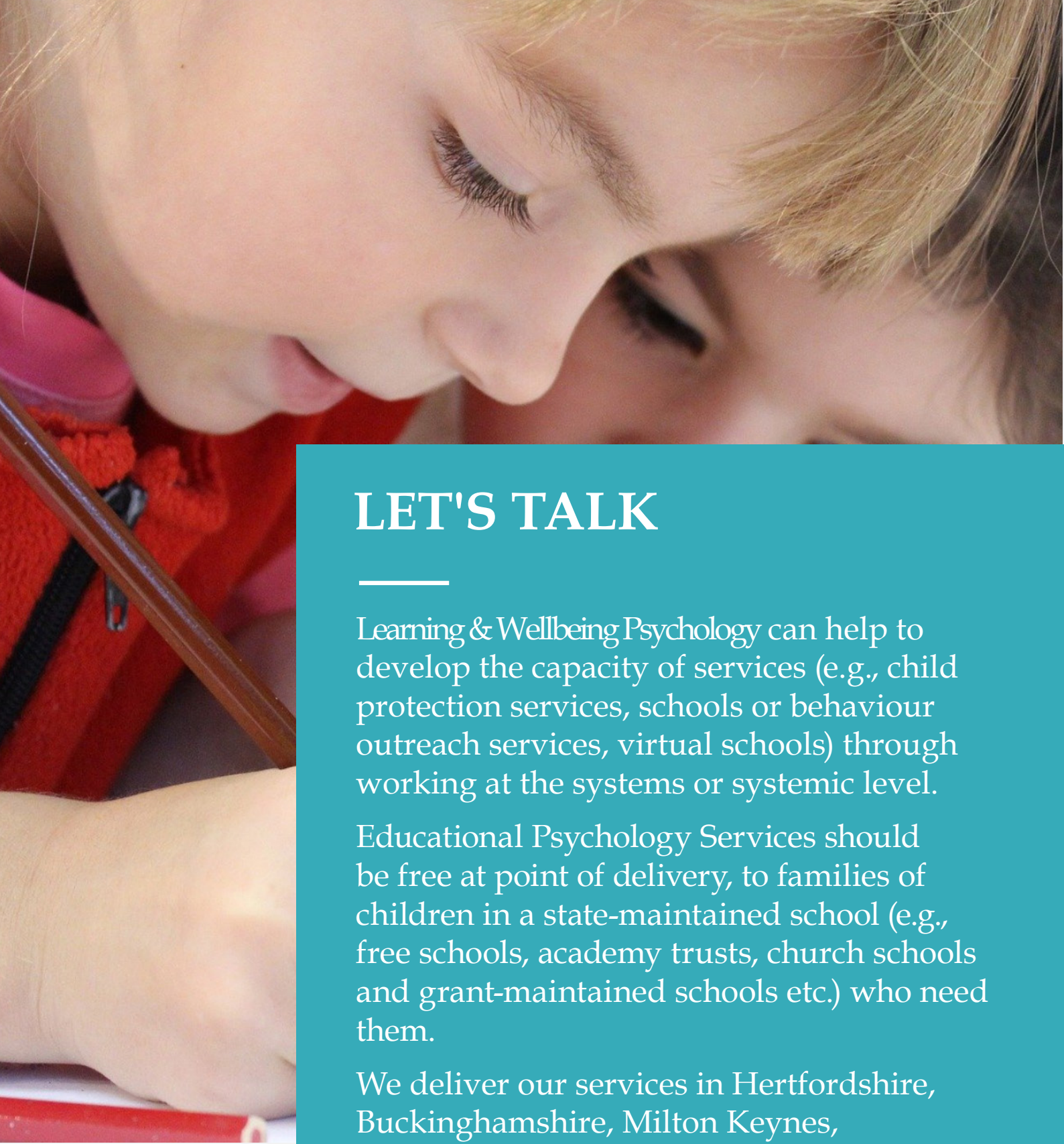
3 SESSIONS
PER YEAR

£290



6 SESSIONS
PER YEAR

£580



LET'S TALK

Learning & Wellbeing Psychology can help to develop the capacity of services (e.g., child protection services, schools or behaviour outreach services, virtual schools) through working at the systems or systemic level.

Educational Psychology Services should be free at point of delivery, to families of children in a state-maintained school (e.g., free schools, academy trusts, church schools and grant-maintained schools etc.) who need them.

We deliver our services in Hertfordshire, Buckinghamshire, Milton Keynes, Bedfordshire, Northamptonshire, Coventry, Worcestershire and beyond.

Call us for a free 30 minute discussion.

Locations

Hertfordshire, Buckinghamshire, Milton Keynes,
Bedfordshire, Northamptonshire, Coventry, Worcestershire
and surrounding areas.

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www.learningandwellbeing.org